

A.M. and P.M.

Each day is divided into two halves. From midnight until noon is called AM. From noon until midnight is called PM.

Event or Time	AM or PM
Sunrise	AM
Morning	AM
Wake up	AM
Eat breakfast	AM
Go to School	AM
Afternoon	PM
Eat Dinner	PM
Evening	PM
Sunset	PM
Go to Bed	PM

My Real Life

Examples:

A) Underline AM or PM

1) Eat breakfast at 7:00



a.m.

2) Read a bedtime story at 8:00



p.m.

a.m.

p.m.